



One Thousand Trees: The Magazine
Production Schedule: October 2017 through September 2018

OCTOBER 2017

TOPIC: Facing Our Fears

NOVEMBER 2017

TOPIC: Celebrating Our Selves

DECEMBER 2017

TOPIC: The Inner Child

JANUARY 2018

TOPIC: Music Therapy

FEBRUARY 2018

TOPIC: Equine Therapy

MARCH 2018

TOPIC: Art Therapy

APRIL 2018

TOPIC: Aboriginal/Indigenous Issues

MAY 2018

TOPIC: Laughter is the Best Medicine

JUNE 2018

TOPIC: LGBTQ Issues

JULY 2018

TOPIC: The Power of Telling Our Stories

AUGUST 2018

TOPIC: Spiritual Practices

SEPTEMBER 2018

TOPIC: Time Management

If you would like to write on any of the above topics, or for any of our regular departments (Connections, Creativity & the Arts, Food & Nutrition, Giving Back, Health & Wellbeing, The Library), please email lisa@onethousandtrees.com. We also accept submissions of short stories, poetry, or artwork. All submissions are due on the 20th of the month prior to publication.

Articles can be as short or as long as you need them to be, to say what you need to say. As a general guideline, though, articles usually run around 1000 words. Please submit by email, either in the body of your message, or as a Word doc attachment, by the above-stated deadlines. Please do not send PDFs.

If possible, please send any photographs or other artwork that enhance your article, in JPEG format.

If you have not previously submitted an article for One Thousand Trees, please also send a brief (three to four sentence) bio of yourself, and a head shot in JPEG format.