

Sharing Our Stories, Speaking Our Truth

poetry and prose at Café Crêperie

Guest Author Bio Sheet

Sarah Kinlin



Grit, Grace, and Goals is a beautiful tribute to Sarah's dad, a man who raised nine children on faith and love while working as the maintenance manager at the local nuclear station. Each chapter is a story that will engage and entertain the reader while giving insight into Sarah's life growing up in a sometimes chaotic household. These stories evolve into leadership lessons from Sarah's dad that Sarah has used throughout her 20-plus-year career in leadership. Corporate executives, entrepreneurs and everyone in between will be able to use the simple yet effective tools taught in these pages. Each chapter finishes with grit and grace calls to action, encouraging the reader to not just read and understand but to take action to start living their best damn life today. This is Sarah's first book.

About the Author

Sarah Kinlin is a professional leader with over 20 years of experience in the fast-paced corporate world. In 2022, she made a few decisions that changed her life. She switched jobs, hired a professional coach, and went back to school as an instructor and a learner. She founded Pearl Performance Incorporated, a company that delivers professional coaching, speaking, and education.



Guest Author at Café Crêperie on Thursday, December 4, 2025